

MARCH 6-10TH 2023 - SCHOOL BREAKFAST WEEK

GET YOUR Day IN Gear WITH A Healthy School Breakfast

K-12 SUGGESTED MENU



Join other districts around the state by participating in the School Breakfast Week theme days. Try a new recipe from TDA or use one of your student's favorite recipes that fit the daily theme. Customize the recipes to fit your service style from traditional on the line to breakfast in the classroom! *Choice of milk with every meal.

MON

MONDAY - PROGRAMMING PARFAIT

Parfaits are a great grab-and-go option easily served in any setting. Serve the new Muffin Parfait customized with your students' favorite fruit.

Parfait with Muffin, Yogurt,
& Mixed Berries
Fresh Sliced Apples

TUE

TUESDAY - WACKY ROBOT WAFFLES

Try this breakfast twist on the classic grilled cheese. Your students will love the Waffle Grilled Cheese.

Waffle Grilled Cheese
Fresh Pears
Chili Cinnamon Roasted Sweet Potatoes

WED

WEDNESDAY - S.T.E.M. SCONES

Bake ahead scones will be the perfect start to your students' school day.

Lemon Blueberry Scone
Savory Sausage Links
Grapefruit
Pineapple Tidbits

THU

THURSDAY - FUEL UP FRENCH TOAST

Start your students' day with French toast – a perfect balance of protein and whole grains.

French Toast Squares
Fresh Grapes
Applesauce

FRI

FRIDAY - BATTERY CHARGING BREAKFAST PIZZA

Pizza for any meal is a student favorite. Swap out the pizza crust with hashbrown with this new recipe.

Hashbrown Breakfast Pizza
Wholegrain Toast
Fresh Banana
Sliced Peaches



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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This product was funded by USDA.

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Food and Nutrition Division
School Breakfast Week



Updated 03/01/2023
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